# ANNAMALAI UNIVERSITY - RAJAH MUTHIAH MEDICAL COLLEGE Phase I - MBBS - 2019-2020- Time table

DAYS	9.00 - 10.00	10.00 - 11.00	11.00 - 12.00	12.00 - 1.00	2.00 - 3.00	3.00 - 4.00	4.00 - 5.00
Monday	Physiology	Biochemistry	Anatomy	AETCOM	Physiology/Biochemi	stry - Practicals/Tut- teaching	orials/Small group
Tuesday	Anatomy	Physiology	Anatomy	- Dissection	Physiology/Biochemi	stry - Practicals/Tut teaching	orials/Small group
Wednesday	Physiology	Anatomy	Anatomy	- Dissection	Anatomy/Physiolog	y - Practicals/Tutor teaching	ials/Small group
Thursday	Physiology	Anatomy	Anatomy	- Dissection	Anatomy/Physiolog	y - Practicals/Tutor teaching	ials/Small group
Friday	Biochemistry	Early clinical exposu	 re - (Anatomy/Bioch 	 nemistry/Physiology) 	Anatomy	Yoga / Sports / E	xtension activities
Saturday	Self d	irected learning (Anator	ny, Biochemistry, Ph	nysiology)		Evaulation	

First & Third Saturdays - Full Working days Second & Fourth Saturdays - Holidays DEAN
FACULTY OF MEDICINE
Rajah Muthiah Medical College
Annamalai University

ADBAMBIBI University

## RAJAH MUTHIAH MEDICAL COLLEGE

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# Phase - I MBBS Foundation course 2019 - Tentative schedule

Date	Day	TIME (Hours)						
Day		9 – 10	10-11	11-12	12-1	2-3	3-4	4-5
1-8-19	THURSDAY	Dean's address, Interaction with parents and faculty			Visit to Anatomy, Physiology, Biochemistry Departments			
2.8.19	FRIDAY	Physician's role in society (Medicine Dept.)			Sports and yoga			
3.8.19	SATURDAY	Rural health centre visit						
5.8.19	MONDAY	Medical ethics, attitude, professionalism (Community Medicine, Medicine)  Introduction to BLS, I (3 batches)					BLS, First aid, yog	ga
6.8.19	TUESDAY	History of medicine (Medicine, Pharmacology) and Alternate health systems (AYUSH), Yoga			Introduction to BLS, First aid, yoga			
7.8.19	WEDNESDAY	National health priorities and policies (Community Medicine)			Introduction to BLS, First aid, yoga			
8.8.19	THURSDAY	Universal precautions and vaccinations (Paediatrics, Microbiology)			Leisure 1hr / Spo	orts & Yoga 2 hrs.		
9.8.19	FRIDAY	Patient safety, sterilization, Personal hygiene, hand washing 2 hrs.			Leisure 1hr / Spo	orts & Yoga 2 hrs.		
13-8-19	TUESDAY	Health care systems in India			Information tech	nnology, Library v	visit	
14.8.19	WEDNESDAY	Biohazard safety ( Biochemistry, Radiology , Microbiology)			Leisure 1hr / Spo	orts & Yoga 2 hrs.		
16.8.19	FRIDAY	Gender sensitivity and self- defence (Psychology)			Leisure 1hr / Spo	orts & Yoga 2 hrs.		
17.8.19	SATURDAY	Urban health cent			e visit			

		TIME (Hours)						
Date	Day	9 – 10	10-11	11-12	12-1	2-3	3-4	4-5
19.8.19	MONDAY	Principles of pr	rimary care (Con	nmunity Medicin	e)	Computer / loca	l language / English	in batches
20.8.19	TUESDAY	Community based learning (Community Medicine)			Computer / loca	l language / English	in batches	
21.8.19	WEDNESDAY	Time management (Management Dept.)				Computer / loca	l language / English	in batches
22.8.19	THURSDAY	Stress Management (Psychology dept.) 2 hrs. / Interpersonal relationships (Psychiatry) 2 hrs.				Leisure 1hr / Sp	orts & Yoga 2 hrs.	
23-8-19	FRIDAY	Consumer protection act/ documentation/ medical records			Leisure 1hr / Sp	orts & Yoga 2 hrs.		
26.8.19	MONDAY	Learning skills, Self-directed learning 2 hrs./ BLS 2 hrs.			Computer / loca	ıl language / English	in batches	
27.8.19	TUESADY	About Academic ambience - facilities/ faculty / administrative procedures and help 2hrs / BLS 2 hrs.			Computer / loca	al language / English	in batches	
28.8.19	WEDNESDAY	Library visit, literature search exposure / BLS 2 hrs.			Computer / loca	ıl language / English	in batches	
29.8.19	THURSDAY	MBBS program – pre, para and clinical depts./ skill development/ exams			Leisure 1hr,/ Sp	oorts & Yoga 2 hrs.	plants of	
30.8.19	FRIDAY	Career pathways/ personal growth /future development (Pre/para/clinical depts.)			opment	Reflections	po florido US	

BLS- Basic life support

Dean, Faculty of Medicine

Annamalai University
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	Phase – 1 Subjects					
Duration	Anatomy	Physiology	Biochemistry			
Block – 1 (12 Weeks)	Theory AN1.1 to 7.8: General Anatomy AN8.1 to 12.15: Upper limb  Practical AN13.1 to 13.8: General Practical	Theory PY1.1 to 1.9: General Physiology PY2.1 to 2.13: Hematology PY3.1 to 3.18: Nerve Muscle Physiology  Practical PY1.10: Microscope PY12.11 to 2.13: Hematology PY3.18: Nerve muscle charts discussion	Theory BI1.1: Cell BI2.1 to 2.7: Enzymes BI3.1 to 3.10: Chemistry and Metabolism of Carbohydrates  Practical BI3.10: Reactions of carbohydrates			
Block – 2 (12 Weeks)	Theory AN14.1 to 20.10: Lower limb AN21.1 to 25.9: Thorax  Practical Thorax, media stinum	Theory PY4.1 to 4.16: Cardio vascular Physiology PY5.1 to 5.10: Respiratory Physiology  Practical PY4.12 to 4.16: Pulse, BP recording, ECG, Autonomic function test PY5.8 to 5.10: Clinical examination of Respiratory system, Spirometry, PEFR, Sethography	Theory BI4.1 to 4.7: Chemistry and Metabolism of Lipids BI5.1 to 5.5: Chemistry and Metabolism of Proteins BI6.1 to 6.15: Hemoglobin, Kidney, Liver, Thyroid and adrenal glands, Nucleotide metabolism Acid base balance, Electrolyte balance, Minerals metabolism  Practical BI4.7: Interpretation of laboratory results BI5.5: Interpretation of laboratory results BI6.15: Charts discussion			

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Block – 3 (12 weeks)	Theory AN27.1 to 42.3: Head Neck AN56.1 to 63.2: Neuro-anatomy  Practical AN26.1 to 26.7 AN43.1 to 43.9	Theory PY6.1 to 6.20: CNS, special senses PY7.1 to 7.6: Endocrine  Practical PY6.11: Clinical examination of nervous system PY6.20: Examination of cranial nerves, Perimetry	Theory BI7.1 to 7.7: Molecular biology BI8.1 to 8.5: Xenobiotic, Antioxidant, Oxidative stress & antioxidant defense  Practical Case discussion
Block – 4 (12 weeks)	Theory AN44.1 to 49.5: Abdomen, Pelvis, Perineum AN73.1 to 81.3: Genetics  Practical AN64.1 to 71.2: Abdomen, Pelvis, Perineum, Histology, Embryology	Theory PY8.1 to 8.10: GIT, ANS PY9.1 to 9.9: Excretion PY10.1 to 10.12: Reproduction  Practical Charts Discussion	Theory BI9.1 to 9.5: Nutrition BI10.1 to 10.3: Extracellular matrix BI11.1 to 11.5: Immune system, Tumour markers, Cancer  Practical BI11.1to 11.24: Laboratory tests

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# ANNAMALAI UNIVERSITY RAJAH MUTHIAH MEDICAL COLLEGE

#### EARLY CLINICAL EXPOSURE

Subjects	No. of sessions	Total Hours
Anatomy	3	18
Physiology	3	18
Biochemistry	3	18 .
Hospital / Field visits	4 visits/ department	. 36
Total		90 hours

### ECE - Committee members

### **CO-ORDINATOR**

Professor of Physiology

### **MEMBERS**

Professor of Biochemistry

Professor of Anatomy

Professor of Microbiology

Professor of Pharmacology

Professor of Pathology

Professor of Community Medicine

Professor of Medicine

Professor of Surgery

Professor of Pediatrics

Professor of O&G

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