

Total No. of Pages : 1

Register Number :

**6361**

Name of the Candidate :

**M.Sc. DEGREE EXAMINATION MAY 2014.**

**(APPLIED PSYCHOLOGY)**

**(SECOND YEAR)**

**640 — PSYCHOTHERAPEUTICS**

**(OPTIONAL – A)**

Time : Three hours

Maximum : 100 marks

**SECTION A**

**Answer any FVIE questions.**

**(5 × 8 = 40)**

**All questions carry equal marks.**

1. Explain the strategies and techniques of Adlerian approach.
2. What are the qualities of a therapist in person centered therapy?
3. What is the theoretical assumption of behaviour therapy?
4. Explain the structure of personality demonstrated by Trend.
5. Explain pholia with a case study.
6. Elucidate the motivating factors in a therapist.
7. Narrate the therapeutic relationship in REBT.
8. What are the applications of cognitive therapy?

**SECTION B**

**Answer any THREE questions.**

**(3 × 20 = 60)**

**All questions carry equal marks.**

9. Explain defense mechanism with examples.
10. Elaborate TA.
11. Explain stress inoculation training.
12. Narrate the techniques of gestalt therapy.
13. Explain existential therapy.